



EAGAN PARKS AND RECREATION Officiated Volleyball League Rules Updated August, 2010

MANAGERS' DUTIES

1. Read everything. Ask questions if something is unclear.
2. Make sure the Parks & Recreation office has your correct contact information.
3. Know the eligibility requirements and consequences for use of an ineligible player.
4. Know the playing rules and inform members of your team. This will help the game run smoothly and help your team concentrate on playing.
5. Meet the official before the game starts. If you have any questions, ask them. Inform your players of the ground rules. The person representing your team at the pre-game meeting will be the "designated manager" for the game.
6. The "designated manager" must handle any dispute. Do not let one of your players face ejection by arguing over a call.
7. You are responsible for taking charge of your team's and your spectator's conduct. Abusive language, improper drinking, litter and other irresponsible acts will not be tolerated.
8. Any schedule information, changes or other league information will be sent to you and posted on www.cityofeagan.com/adultsports. It is your responsibility to pass this information on to your players.

SPORTSMANSHIP

1. Managers are responsible for the conduct of their players and conduct of their spectators.
2. Unsportsmanlike behavior will not be tolerated by managers, players and/or spectators. Respect yourself and others.
3. Casual profanity is prohibited. The official may choose to eject someone without warning depending on the situation.
4. Spectators are not allowed on the field/court/rink during the game. Failure to comply will result in halting the game until the spectator has left the facility.
5. Teams who repeatedly display unsportsmanlike conduct will be suspended from the league and forfeit their league fees.
6. The official may eject managers, players, and/or spectators who harass officials or other players, before, during or after games.
7. If someone is ejected from a game, the individual is required to give the official their name. Refusal by a manager, player and/or spectator to give proper names of other individuals or refusal by himself/herself, will result in an immediate suspension, in addition the game in play becomes an immediate forfeit.

SPORTSMANSHIP POLICY

Eagan Parks & Recreation is interested in ensuring that a high level of sportsmanship be maintained in the sports programs directed by the city. Eagan Parks & Recreation shall enforce a zero-tolerance policy with regards to negative conduct before, during or after league games. Therefore, the following policy for dealing with cases of unsportsmanlike conduct will be instituted:

1. Any player, coach, manager or spectator ejected from any game for an unsportsmanlike act including but not limited to profanity, rowdy or disruptive behavior, mischief, tantrum behavior, verbal abuse will result in a:
 - a. Game suspension for the remainder of that game plus at least the next two games.
 - (1) A suspended person may or may not be allowed at any site where league games are in progress.
 - (2) Violating the suspension will result in forwarding the incident to state for further sanctions against the player and/or team.
 - b. The suspended player's name will be placed on probation for one year for all Eagan Parks & Recreation adult leagues.

- c. Any player, coach, manager or spectator ejected a second time during a 365 day period for unsportsmanlike conduct shall be prohibited from participating in all Eagan Parks & Recreation adult leagues for at least one calendar year.
 - d. An individual and/or the individual's team manager that has been ejected from a game has 24 hours from the time of the ejection to contact the League Director(s) to share his/her information regarding the incident. Failure to call within the 24 hour time period will result in a forfeiture of ones right to appeal the League Director's final decision.
 - e. Should an individual/manager wish to appeal a ruling in Eagan, they must present a written appeal to the League Director(s) and \$50 cash within two working days of notification of the decision. The League Director(s) along with another Parks & Recreation Staff member will make the **final decision**. If your ejection is over-ruled, you will get your \$50 back.
2. Any unnecessary physical contact including but not limited to fighting, hitting, kicking another individual will result in a:
 - a. Game(s) suspension deemed appropriate by the League Director(s).
 - (1) A suspended person may not be present at any site where league games are in progress.
 - (2) Violating the suspension will result in forwarding the incident to state for further sanctions against the player and/or team.
 - b. Suspended indefinitely from all Eagan Parks & Recreation adult leagues, pending review of the incident by the Eagan Parks & Recreation for additional disciplinary action.
 - c. The suspended player's name will be placed on probation for one year after the suspension has been served for all Eagan Parks & Recreation adult leagues.
 - d. An individual and/or the individual's team manager that has been ejected from a game has 24 hours from the time of the ejection to contact the League Director(s) to share his/her information regarding the incident. Failure to call within the 24 hour time period will result in a forfeiture of ones right to appeal the League Director's final decision.
 - e. Should an individual/manager wish to appeal a ruling in Eagan, they must present a written appeal to the League Director(s) and \$50 cash within two working days of notification of the decision. The League Director(s) along with another Parks & Recreation Staff member will make the **final decision**. If your ejection is over-ruled, you will get your \$50 back.
 3. Any physical contact including but not limited to fighting, hitting, kicking an official/umpire will result in an immediate:
 - a. Minimum 12 month suspension from all Eagan Parks & Recreation adult leagues.
 - (1) A suspended person may not be present at any site where league games are in progress.
 - (2) Violating the suspension will result in forwarding the incident to state for further sanctions against the player and/or team.
 - b. The suspended player's name will be placed on probation for one year after the suspension has been served for all Eagan Parks & Recreation adult leagues.
 - c. The incident will also be reported to the state organizations or governing body for review.
 4. An individual retains the right of a hearing when the action to be taken is expulsion from participation in the league:
 - a. The player will provide a written explanation of the situation that resulted in his/her ejection from the game.
 - b. An appeal letter along with \$50 cash must be received within 7 days of being notified of the expulsion to your League Director(s). Failure to do so will result in a forfeiture of one's right to appeal. If your ejection is over-ruled you will get your \$50 back.
 - c. Invited to attend the hearing will be: the player, his/her manager, the League Director(s), the Official/Umpire Assigner for the community and another Parks & Recreation Staff Member.
 5. Remember that leagues are available to help you enjoy your leisure time. Your "fun" should not be at the expense of others. Check your language and actions that might be offensive to others. Keep your socializing before and after games to a moderate level of noise and alcohol consumption. Keep traffic speed and parking appropriate for safety. Remember, we are neighbors to local residents and need to respect their rights. Respect people and the facility!

ALCOHOL AND SMOKING

1. The consumption of alcoholic beverages is strictly forbidden on the Eagan Community Center or schools grounds.
2. Smoking is forbidden in the Eagan Community Center or on school grounds.
3. If a player is impaired he/she can be asked to leave the game by the official or league director for the safety of the player(s) and other participants.
4. Officials have the authority to eject any player who is drinking alcoholic beverages in unauthorized areas.
5. Officials have the authority to remove any player smoking in unauthorized areas.

CHILDREN

1. Do not bring children unless a *non-playing adult actively supervises* the child while you are playing.

FACILITY RULES

1. Beer, alcohol, wine or other controlled substances are not allowed on school grounds or on Eagan Community Center grounds.
2. Smoking is not allowed on school grounds or inside the Eagan Community Center.
3. No coolers, outside food/beverage or glass shall be allowed in the Community Center. Water bottles will be permitted.
4. Please review the Eagan Community Center Policies and ISD 196 Building Use – Rules and Regulations for additional policies.

ELIGIBILITY

1. Players to be eligible must live or work full time in Eagan or Independent School District 196.
2. Teams having three or more players from outside of School District 196 will be charged a non-resident team fee of \$25.
3. Minimum age for players is 19.

ROSTERS

1. The maximum number of players that may be on the roster is 12.
2. Players may play or be rostered on one team only per evening.
3. Roster changes may be made through the third game of the season.

INCLEMENT WEATHER

1. Please call the **Eagan Parks and Recreation’s Sports Hotline at (651) 675-5566 press 1** or check the **Game Status page on www.cityofeagan.com/gamestatus after 4:00 p.m.** to verify whether games are on as scheduled. Should weather conditions change, a decision will be made on site and the hotline and/or web site will be updated as soon as possible.
2. Games will not be cancelled easily. Teams should report to the gym if the recorded message has not cancelled games.
3. One date is available for make-up games otherwise dates needed beyond one will be made up based on the availability of facility space and weather conditions. Teams should be prepared to play rescheduled games on any available night.
4. If games are cancelled due to poor weather conditions and no make-up dates are available, credit vouchers will be issued for the amount of the official for that game.

OFFICIALS

1. If there is a no show or late official, please notify the building attendant or other official know immediately. They will contact a supervisor on duty to find a substitute. Both managers should then agree to one of the following:
 - a. Play the game with a substitute official agreed upon by both teams. The game result would stand. No rule protests will be allowed. Report scores to the League Director the next business day. Report the name and address of substitute official for payment.
 - b. Play the game self-officiated. No rule protests will be allowed. During play, teams shall make all judgment calls on their own side. Rule interpretations may be discussed between team managers.

If disagreements persist regarding a play, a face-off will take place. Report scores to the League Director the next business day.

Start the game immediately following your decision in order to keep games on schedule. Once an official arrives, they will take over from the substitute or self-officiated game.

2. If there is a no show or late official, it does not matter if one or both teams do not have enough players to start the game. Only the official assigned or substitute to that rink for that game can call a forfeit due to a team not having enough players.
3. Officials are required to obtain team and player names involved in any incident. Refusal by a manager or player to give proper names of other players or refusal by a player to give information regarding himself/herself, will result in an immediate suspension plus the game becomes an immediate forfeit.

LATE ARRIVAL AND FORFEITS

1. You may start and/or end a match with four (4) players. (League play only.)
2. A five (5) minute warm-up/forfeit time is allowed before the match begins.
3. If a team is short players at the scheduled game time a five (5) minute grace period is allowed, if still short, the first game is forfeited; if still short after ten (10) minutes the match is forfeited.
4. A team, which forfeits two matches during the season, will not be invited to return next season.

EQUIPMENT AND APPAREL

1. Set up and take down the nets at the ISD 196 locations.
2. Equipment will be set up and taken down by Fitness Staff at the Eagan Community Center.
3. Volleyballs are available for check out at the Eagan Community Center with a photo I.D.
4. The net height for Women's is 7' 4-1/8" and Men's is 7' 11-5/8".
5. Black soled running shoes that mark the floor may not be worn.

BLOOD RULE

1. A player who is bleeding or has an open wound shall be prohibited from participation until the bleeding is stopped and the wound is covered. If treatment can be administered in a reasonable amount of time, the individual will not have to leave the game. If excessive time is involved, the re-entry rule would apply.
All teams are encouraged to have a First Aid Kit with them during each game.

PLAYING RULES

USA Volleyball Rules govern play:

1. Game is 25, three games is a match using rally scoring. If a team fails to serve properly, return the ball, or commits any other fault, the opponent wins the rally and scores a point, even if that team did not serve that point. The results of winning the rally are: If the team wins the rally, they score a point and continue to serve. If the receiving team wins the rally, they will score a point plus gain the serve.
2. Each match has a 55-minute time limit. If a match is finished early, the following teams may start up to 5 minutes early.
3. **Two 30 second time-outs will be allotted per team each game. No time-outs may be called in the last 10 minutes of the 3rd game if time is a factor.**
4. The ball may be contacted with any part of the body.
5. Serving:
 - a. No jump serves are allowed in any league.
 - b. It is legal for a served ball to touch the net. The receiving team must play the ball if the serve touches the net and appears that it will remain in bounds.
 - c. The service zone is now extended to include the full width of the court behind the end lines for all leagues.
6. If the third game is not completed by the end of the 55 minutes, the score is where it stands unless you have not played to fifteen (15) points. Games may not end in a tie. When time is a factor, you do not have to win by two (2) points.
7. Teams are allowed a maximum of twelve (12) substitutions per game.
8. A team must win by two (2) points up until the 26th point. If tied, the first team winning by one at the 27th point will constitute the game winner.
9. The league supplies game balls.

10. No protests are allowed. Officials decision is final.

ADDITIONAL CO-REC RULES

1. The net height for Co-Rec is the men’s height of 7’ 11-5/8”.
2. When playing with six (6) players, a team may play with more women than men on the court at one time, but not more men than women.
3. You may start and/or end a match with four (4) players. When playing with 4 players, you may play with 2 men and 2 women or 1 man and 3 women. When playing with 5 players, you may play with 3 men and 2 women or 2 men and 3 women. (Local rules only)
4. When more than one volley is used, one contact must be by a female.

STANDINGS AND AWARDS

1. Final standings are based on:
 - a. Points earned. (Win = 2 points, Tie = 1 point, Loss = 0 points)
 - b. If tied, head-to-head record.
 - c. If tied, point differential from head-to-head games.
 - d. If tied, overall point differential.
2. League playoff winner and runner-up teams earn a gift certificate. The league playoff winner also receives league champion t-shirts.
3. You can check standings by visiting www.cityofeagan.com/econnect.

LOST AND FOUND

1. The City of Eagan is not responsible for lost or stolen valuables. Any item found in the gym should be turned into a Building Attendant. Individuals who have lost an item should inquire at the appropriate location. Claimants will be asked to describe the lost item in detail.

INSURANCE

1. Be aware that there are inherent risks to playing the game of volleyball. Injuries may occur due to collisions with other players, running into a wall, etc. The City of Eagan does not provide insurance for the participants of our leagues. Each player as a result of participation in the leagues assumes all liability and risk of injury. It is strongly suggested that each player obtain medical and liability insurance prior to participating in the league.

Eagan Parks & Recreation has the right to change or add rules for the betterment of all.