

Roseville League Rules

AGE OF PLAYERS

All players must be 18 years of age or older and must be out of high school unless special permission is obtained from the league director.

RULES

The league rules are governed by the United States Volleyball Association Rules. A few exceptions will be made for our league play. We will be using Rally scoring; teams will play for 55 minutes and have a 5 minute warm up. Ball contact crossing the net shall remain in play, provided contact of the ball is within the net antennas. Only one toss or release of the ball, which can be considered part of the service action, is allowed.

TEAM ROSTERS

Must include all current names, work and home phone numbers and addresses (including city and zip codes). They must be turned in by the manager's meeting. Teams without a roster will not be able to pick up their packet. Roster changes must be made by the fourth night of league play.

TEAMS

Teams are encouraged to carry at least five couples or at least 8 to 10 men or women so that forfeits are unnecessary. Teams may start and play a game with four players. If a team does only have 4 players, the server is the back row person - if this player comes up to the net, they can only block, not attack. If you are playing with 5 players, the rotation will consist of three frontline and two back row players. The sixth "spot" will be overlooked until a sixth player shows up. If a team does not have enough players (or enough of one gender) to start a match, a five minute grace period will be granted before the first game is forfeited. After ten minutes, if a team does not have a sufficient number of players, the match will be forfeited.

POSITION OF PLAYERS

When the ball is served, each player will be in his/her own area. After the ball is served, each player may cover any section of his own court. All players must stand inside the court boundaries except the player who is in the act of serving. A player may leave the court in order to play the ball as long as he/she does not enter an adjacent court. There are unlimited substitutions - they must be made in a logical pattern (this rule on substitutions is different in state tournament play). All substitutes must be put in the rotation.

GROUND RULES

Official will go over the ground rules with the team managers prior to start of the match. Backboards attached to ceiling are considered part of ceiling and are playable on your side of the court as long as they are not hanging over non-playable areas (such as bleachers or another court). Backboards attached to walls (or other obstacles below 14 feet above the floor) are a judgement call: if a ball hitting the backboard (or rim or supports) would otherwise be out-of-play the ball is out-of-play.

MATCH TIME

Matches are scheduled for 55 minutes of play and 5 minutes of warm-up and 5 minutes apart. Matches consist of three games to 25 points with a 27 point cap (see explanation under "scoring"). Any time remaining of the hour may be used by teams to practice or scrimmage. If matches run slightly overtime or conditions cause a court to fall behind schedule, teams will be allowed as much of the hour as necessary to complete their match. The next match will then begin as soon as the captain's meeting has been completed.

SCORING

Three 25 point games; one point will be awarded per game won. 27 point cap rule: If a game is not won by 2 points and the score is 26 to 26, the first team to score the 27th point will be the game winner. If time runs out in the third game, the

game will be called if the winning team has gained at least eight points and is winning by two points.

SERVING

The home team, as indicated on the schedule, has their choice of court or first serve. Teams will alternate for second game. Home team has choice for 3rd game of the match. (To save time we will not switch sides at eight points in third game)

CO-REC MODIFICATIONS

1. Men and women shall be positioned alternately on the court.
2. When the ball is contacted more than once by a team on their side, one of the contacts must be made by a woman.
3. Only a male player may be brought up from the back row to participate in a block when only one male is in the front row.
4. Teams may not have more men than women on the court. Teams must play at least two women and two men, each team must have at least four players on the court at all times during the match. Teams may play with more women than men. (eg. 3 women and 2 men or 4 women and 2 men is O.K.)
5. If playing with 5 players, the rotation will consist of three frontline and two backrow players. the sixth "spot" will be overlooked until a sixth player shows up.
6. Net height is eight feet.

CLASS 'C' CO-REC LEAGUE SPECIAL RULES

1. A male or female may not come up from the back row to block when there is only one man in the front row.
2. Rotation or substitution may be used but teams may not use both methods of substitution within the same game (male must substitute for male - female for female).
3. No back row attack is allowed.
4. The receiving team must "bump" the serve.

PLAYER CONDUCT

Any participant who is involved in fighting or provoking fighting shall be eliminated from the league. Only the floor captain (player actually in rotation so designated) may discuss calls with the official. Judgment calls are not subject to discussion. Captains may question officials (tactfully) if they have concerns about a rule interpretation. The official's decision is final. Unsportsmanlike conduct will not be tolerated. Any team which consistently exhibits poor sportsmanship may be eliminated from the league with forfeiture of all fees.

WEATHER INFORMATION LINE

Call 651-792-7416 after 4:00 pm for a recorded message on any cancellations due to the weather conditions.